

# Annual Report

## 2021-2022

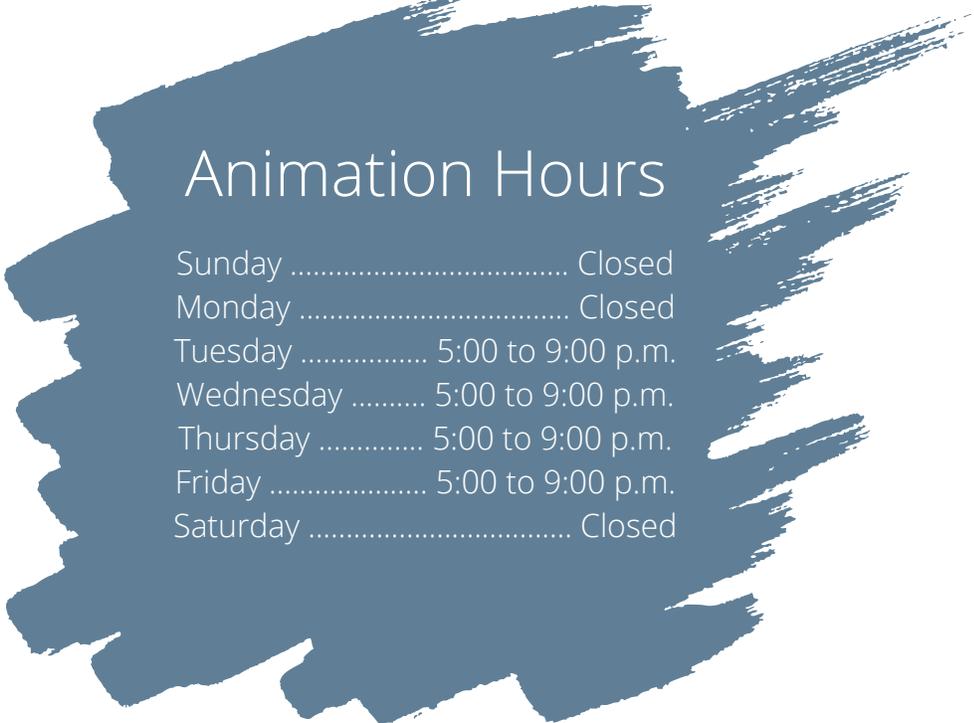


# Mission

The Lennoxville Youth Center is an association of young people and adults who have given themselves the mission to provide a structured meeting place where adolescents between the ages of 12 and 17 can have meaningful contact with adults and work towards becoming citizens who are critical, active, and responsible.

# Board Of Directors

President - Marie Eve Mailhot  
Vice President - Hayley Harrison  
Secretary - Cindy Beland  
Treasurer - Norm Green  
Staff Representative - Corissa Mullin  
Youth Representative - Abby Oakley  
Youth Representative - Brett Bryant  
Executive Director - Brooklynn Roy



## Animation Hours

Sunday ..... Closed  
Monday ..... Closed  
Tuesday ..... 5:00 to 9:00 p.m.  
Wednesday ..... 5:00 to 9:00 p.m.  
Thursday ..... 5:00 to 9:00 p.m.  
Friday ..... 5:00 to 9:00 p.m.  
Saturday ..... Closed

# Message from the Executive Director

This year has been one of change and adaptation due to the COVID-19 pandemic as well as my return from maternity leave. This year we struggled to find staff and COVID-19 friendly activities as well as ways to make sure that the mental health of our youth would remain stable during such isolating times. Despite all these hurdles, our staff and youth were able to carry out a wonderful year making lots of memories and carrying out meaningful events for the community.

This year, the Lennoxville Youth Center (LYC) participated in the fundraising roadblock with the other Sherbrooke youth centers. This was something new to us and the welcoming environment from the other centers made it a pleasure to be a part of.

We had also hosted a Safe Halloween scavenger hunt that allowed participants to be in a Covid-19 friendly environment meaning that all protocols were followed and respected, this allowed the community to feel warmth and happiness during a time of isolation.

With the feeling of isolation and mental health on the decline for many people during this pandemic, the Lyc was lucky to have received funding for mental health from the "Le Centre intégré universitaire de santé et de services sociaux de l'Estrie – Centre hospitalier universitaire de Sherbrooke". This funding allowed us to open noon hour animation at Alexander Galt Regional Highschool where we would provide information about local resources that youth could use if ever, they needed them. We provided activities to break isolation and taught them how to make different sensory and stress-relieving tools that they were able to take home with them.

Overall, I would say that this year has been hectic and crazy but lovely and innovative at the same time. It allowed us to lean on one another, be compassionate and reach out to our peers if we see them struggling, and appreciate the activities and events that we are slowly being able to participate in.

Here's to a new year, where we hope to grow, learn and help our peers.

Brooklynn Roy  
Executive Director



# Message from the President

For as long as I can remember, I always wanted to be part of a community that brought positive changes to the lives around them. And what better way to be involved than being part of the LYC. After one year as President of the Board for the LYC, there are many things that come to mind. But mostly, the one thing that stands out is how proud I am to be part of such an organization.

As we all know, the past few years have been filled with challenges and curveballs, but I am happy to say that our staff and our youth have put their game faces on and came out to other side as winners. Through temporary closure, or online attendance, we have all been pushed out of our comfort zone, and we know that we can take anything they throw at us. Not that the universe should take it as a sign to spice things up again!

As we wrap up this year, I can only hope to see new and returning faces in the new year and I cannot wait to see what the future as in store for us. Thank you for every single person making the LYC what it is.

Marie-Eve Mailhot  
President



# Message from the Animation Coordinator

What a wonderful year it has been for the Lennoxville Youth Center (LYC). With closures and participating in animations online we were so excited to get back to normal. Our goal was to be involved in as much as we possibly could. The past two years have been slow and tense with anticipation, something everyone has had to take in stride. I am very proud of our team, board, youth, and community members. They have all really stuck together and supported one another during strange times.

After our time stuck away in our houses and with virtual socializations becoming the norm, we wanted to get back in touch with nature and what it means to be apart of our community. We connected with other youth centers, began fundraising again, and got our youth members excited for the summer. We had many things to cross off our list and had a great time doing it.

We have seen faces come and go from youth to members of our staff and while it is sad, it is the natural cycle of the center, and it is always an exciting stage to introduce new faces to our organization. I can't wait to see what new challenges and activities await us this year.

Corissa Mullin  
Animation Coordinator



# Message from the Youth Representative

Even with the pandemic being an obstacle, this past year has been filled with many fun activities in and outside the LYC. The youth were able to create many memories that will last a lifetime.

When COVID restrictions would allow it, the youth were able to go out to do activities such as laser tag, O-volt, Granby Zoo, escape rooms, Johnville Bog, museums and went to see plenty of movies over the year as well. Thankfully, this year the youth were able to go on a summer trip to Mont Tremblant filled with amazing experiences. Plenty of laughs were had inside the LYC as well. There were many cooking nights, Fondue night, the end of summer sleepover and many more eventful evenings. The LYC was able to show their support to the community by visiting their local pizza shop Brad's Gourmet and attending a Champlain College women's basketball game as well as a basketball game at Alexander Galt High School. The members also partnered with other youth centers to participate in the Barrage Routier fundraiser, along with the walking for mental health step challenge.

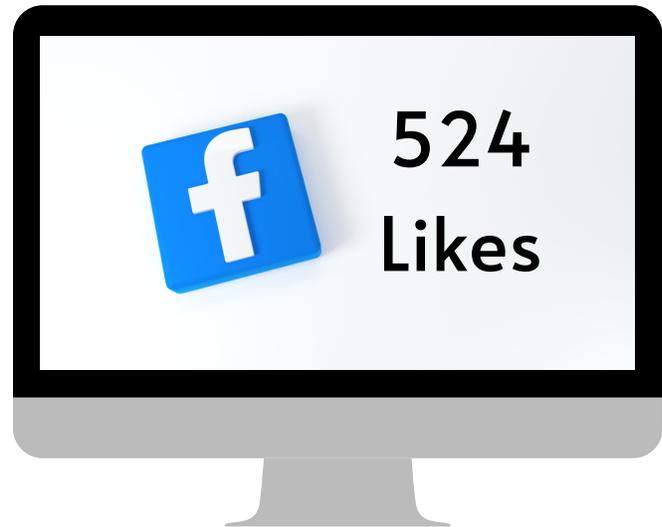
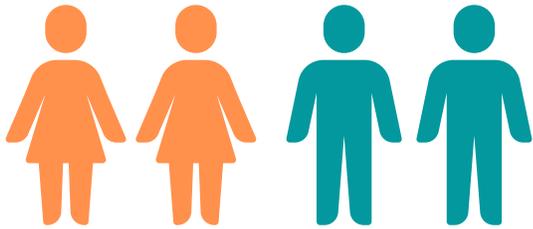
We hope to do many more amazing activities and share these memories with returning and new youth members in the coming years.

Abby Oakley  
Youth Representative

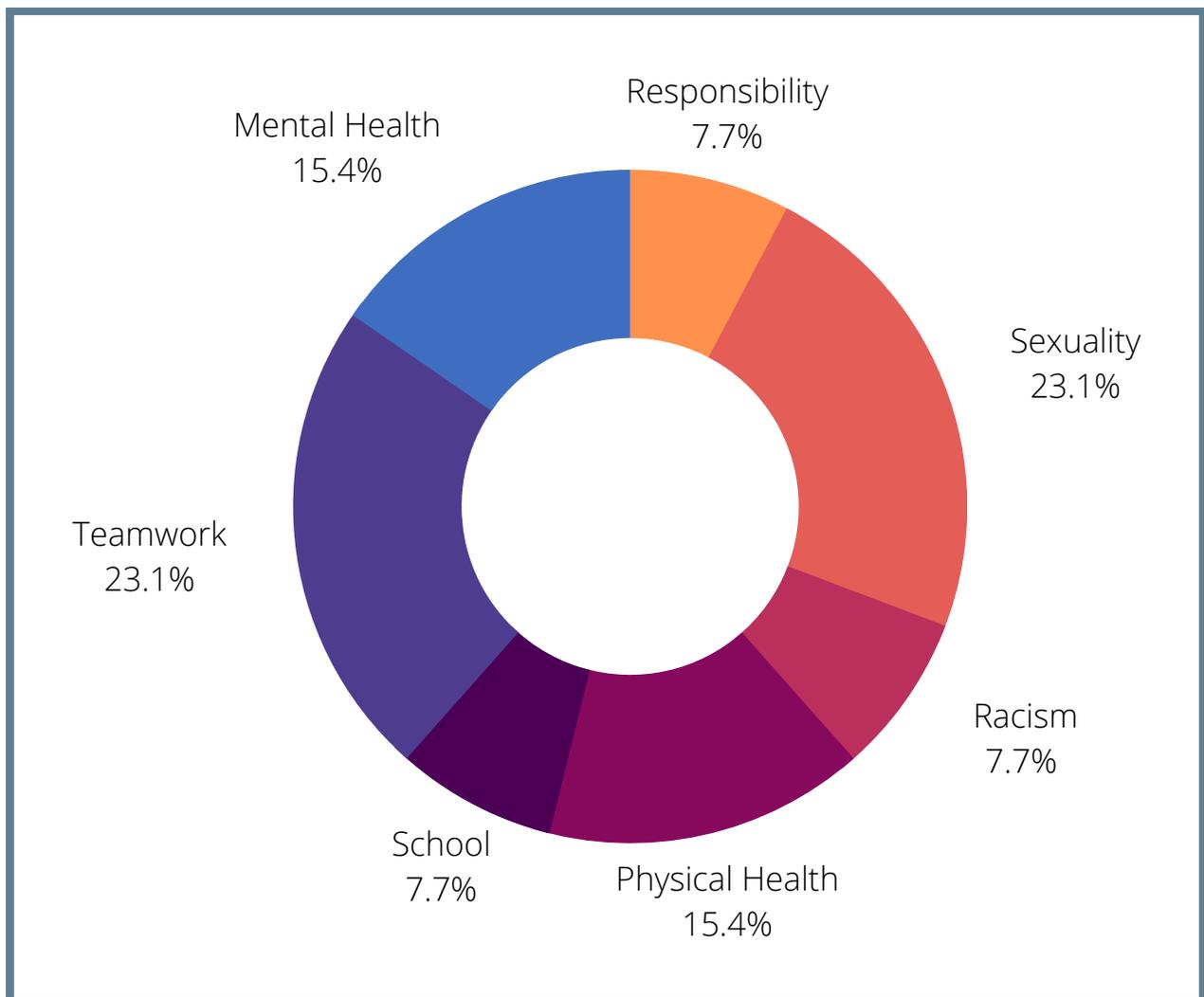


## Attendance

989



## Interventions/Workshops



# ACTIVITIES

April:

- Easter Egg Hunt

May:

- Johnville Bog
- Jacques Cartier Picnic and walk

July:

- Fast and Furious 9
- O-Volt
- Laser Tag/Mini Golf
- Fishing and Lunch in Ascot Corner
- Make Strawberry shortcake and watch Space Jam
- Summer Trip

August:

- Black Widow
- Brad's Gourmet Pizza Visit + Cooking
- Granby Zoo
- Fishing in Lennoxville
- End of Summer Sleepover (Bowling, Pizza, Sundaes)

September:

- Sex Education Intervention on age of consent
- Homework Night
- Free Guy
- Homework Night
- Dear Evan Hanson

October

- Barrage Routier - Maison des Jeunes Fundraiser
- Paint gourds
- Fondue dinner
- Apple Picking/Baking Pies
- Mental Health Estrie Workshop (Zoom) - How to be an Ally for LGBTQ+
- Venom 2
- Pumpkin Carving
- Visit the Mall and Gryphon
- Halloween Scavenger Hunt

November:

- Champlain Women's Basketball Game
- Homework Night
- Homework Night
- Ghostbusters: Afterlife
- Homework Night
- Galt Basketball Game

December:

- Bake Off
- Carrefour Christmas Shopping
- Homework Night
- Christmas Chocolates
- Sugar Cookies
- Christmas Party

February:

- Sugar Fruit on Sick

March:

- Escape Room
- Laser Tag
- Brunch and Museum
- Healthy vs Not healthy Nachos
- Batman Movie
- Still Life Flower painting for spring
- Visit from Lennoxville District Womans Center for Young Entrepreneurs Garden

# 2021-2022



# Thank you, Centre intégré universitaire de santé et de services sociaux de l'Estrie-Centre hospitalier universitaire de Sherbrooke.



BUDGET	
Le montant demandé ne doit pas dépasser le montant total alloué à l'organisme.	
Montant demandé dans le cadre cette demande	41,116.00\$
VENTILATION DU BUDGET DEMANDÉ	
Dépenses	Coûts prévus
Ressources humaines	29017.70\$
Frais de réalisation des activités	\$
Frais de gestion (maximum 10 % du budget total)	3638.00\$
Autres (précisez)	\$
<ul style="list-style-type: none"><li>Frais d'imprimer le livre</li></ul>	Pas utiliser/not used and will be a surplus into the 2022-2023 Fiscal year 2000\$
<ul style="list-style-type: none"><li>Frais d'atelier est des intervention</li></ul>	1822.30\$
<ul style="list-style-type: none"><li>Maison des Jeunes Rock Forest</li></ul>	4737.00\$
<b>TOTAL</b>	<b>41 116.00\$</b>

We had the amazing opportunity of visiting Alexander Galt during Lunch Hour to facilitate activities and bring some resources to the students, thanks to Centre intégré universitaire de santé et de services sociaux de l'Estrie-Centre hospitalier universitaire de Sherbrooke. Our goal was to provide them with easy activities that they could take home and add to their strategies for coping and handling stress or simple crafts they could easily do at home for fun.

When starting we tried to re-create a small youth center within the school. Bringing our own flavor with Legos, Nintendo Switch Games, Coloring and Snacks! We strived to create a comfortable environment anyone could participate in, whether you preferred individual or group activities. Our goal is simply to get students involved and through the door.

With rapports being built, we introduced some activities/crafts that focused on slowing down and being mindful. We created stress balls with various fillings, Glitter Jars to remind our selves to stop and take a minute, created and painted Christmas ornaments with clay to share with families. It was an exciting time and a great opportunity to interact with new youth who may not have opportunities to visit the Youth Center in Lennoxville.

# Action Plan

## GROW

Boost membership among youth through recruitment, community involvement, and marketing.



## SECURE

Maintain an efficient and financially stable Center through targeted training, accurate accounting, and timely recordkeeping.

## SUSTAIN

Seek and apply for any relevant grants and funding to ensure the Center and youth activities are kept running throughout the year.



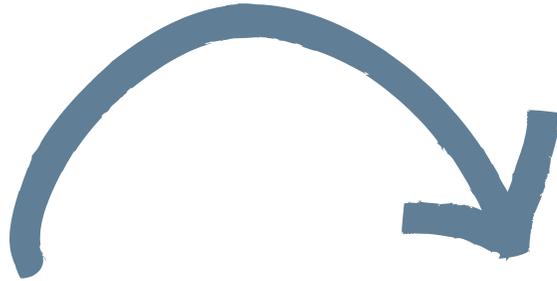
## BUILD

Improve awareness of the Center and its mission by sharing events and activities across platforms and supporting and developing projects that benefit the community.

## ELEVATE

Encourage youth-led activities, including workshops on prevention, in line with the Center's mission and values.





Centre Des Jeunes  
**LENNOXVILLE**  
Youth Center

The Lennoxville Youth Center  
will be changing our logo.

# Generously supported by:

Programme de Soutien  
aux Organismes  
Communautaires

Québec 

Ville de  
**Sherbrooke**



 **Centraide**  
Estrie

*Centre intégré  
universitaire de santé  
et de services sociaux  
de l'Estrie – Centre  
hospitalier universitaire  
de Sherbrooke*

Québec 



Canada 





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